

Abstract

Title: Popularity of rhythmic gymnastics in Milevsko

Objectives: The main purpose of this thesis is to find out the interest about rhythmic gymnastics in Milevsko, to identify the knowledge of the population and their attitudes to the rhythmic gymnastics, to take progression rhythmic gymnastics and to approach sports history of Milevsko.

Methods: To obtain the necessary information to making bachelor thesis was using electronic and through personal interviews questionnaire which was formed for the purpose of this thesis. It was also used depth interview method. Processing of theoretical background the thesis was made with the various sources of literature.

Result: Researches have found attitudes city residents Milevsko to gymnastics. The main causes influencing popularity of rhythmic gymnastics have revealed based on the interviews and was described possible measures which one could serve to increase public interest to this sports branch.

Keywords: Sport, Rhythmic gymnastics, Popularity, Milevsko, The questionnaire, The interview